



BRIGHTER BEGINNINGS
Every Family Matters

What's New at Brighter Beginnings Family Health Clinics

- Antioch Clinic
- COVID-19 Vaccines

New Antioch Clinic:

3505 Lone Tree Way, Suite #1,
Antioch, CA 94509

Open Monday – Friday,
8:00 am – 6:30 pm

Happy Pride!

Brighter Beginnings is happy to have celebrated pride with members of our local community. During Pride Month, just like every other month of the year, we remain dedicated to supporting the LGBTQ+ community by providing excellent, community-based, and culturally relevant care to all and providing a safe space for members of the LGBTQ+ community. Brighter Beginnings is proud to stand with our LGBTQ+ staff and with the LGBTQ+ community.

LETTER FROM THE CEO

Dear Friends,

It is my pleasure to introduce our First Brighter Beginnings Family Health Clinics (BBFHC) Newsletter! We are excited to be providing our families and support network with updates on our clinics and introductions to our wonderful staff. Brighter Beginnings has been serving East Bay communities since 1984, through our family health clinics and social services programs. Our long-term approach to strengthening families by focusing on their innate resilience, increasing social connections and knowledge of child development, increasing access to health and social services and promoting emotional well-being is at the heart of everything we do. We are lucky to have an excellent multicultural, bilingual staff guiding our services.

We were grateful to have been able to provide free COVID-19 testing during the pandemic, and we are happy to now offer COVID-19 vaccinations as well. These vaccines are key for protecting our families and give us hope for a return to normalcy. We are committed to addressing disparities in COVID-19 outcomes through our vaccination program, providing vaccines to all those who need them regardless of insurance or immigration status. In addition to our new vaccine program, we are also excited to be opening a new Antioch clinic on Lone Tree Way to serve more members of our communities.

We greatly appreciate your continued support of our clinics. With your help, we are able to serve approximately 5,600 individuals each year and carry out our goal of helping families raise happy, healthy children. Please see inside for more information on ways to join us at Brighter Beginnings.

We hope you are all staying healthy and enjoying the start of fall.

With warm wishes for your continued safety and health,

Barbara McCullough, Ph.D.
CEO at Brighter Beginnings





Our Vision:

Every family matters and every child deserves a happy, healthy future

SHINE BRIGHT LIKE A DIAMOND

Introducing Our Staff

Richmond Clinic:

Lauren Price
Stephanie Sequeira
Veronica Menjivar
Ginna Curry
Erica Lipschultz
Emily Ruelas
Vivian Lopez
Marisa Rico
Isabel Garcia



Antioch Clinic:

Cyndy Ochoa
Ivy Ledesma
Maria Sanchez
Dalila Villatoro
Angela Morales
Andrea Cuevas

Call Center:

Andrea Morales
Irene Valdez
Rebecca Miyahara
Yasmine Gutierrez

COVID MA:

Kristyna Solorzano-Lopez



OUR CLINICS

Richmond Family Health Clinic

2727 Macdonald Ave
Richmond 94804
Monday-Friday, 8:00am - 6:30pm
(510) 236-6990

Antioch Lone Tree Family Health Clinic

3505 Lone Tree Way, Suite 1
Antioch 94509
Monday-Friday, 8:00am - 6:30pm
(925) 303-4780

Downtown Antioch Family Health Clinic

512 West 5th Street
Antioch 94509
Undergoing Renovations,
re-opening soon!

OUR SERVICES

General Primary Medical Care
Diagnostic Laboratory
Screenings
Coverage for Emergencies
Voluntary Family Planning
Immunizations
Well Child Services
Gynecological Care
Prenatal and Postpartum Care
Pharmaceutical Services
Case Management
Eligibility Assistance
Health Education and Outreach
Transportation
Translation
Behavioral Health Services

OUR BOARD

Lita Gloor-Little, LMFT – President
Martha Rosales – Vice President
Mary Rocha – Secretary
Deana Balinton – Treasurer

Cindy Lee
Helena Singelstad
Mariani Salmon
Paulette Luftig
Regina Brown



Our mission:

Support healthy births and successful development of children by partnering with parents and helping to build strong communities

PATIENT SPOTLIGHT

Lidya Morales

"I've enjoyed coming to BB. The care I've received has been excellent. [I] enjoy that I can easily communicate in my native language and be understood."

Lidya has been coming to Brighter Beginnings since 2018, after hearing about our services from a friend. In addition to providing medical services, we have also helped Lidya navigate health insurances and find a plan that best works for her.



STAYING HEALTHY

Prepare for School in the Fall with Vaccinations

- Vaccines protect your child from deadly diseases
- They are very safe and effective
- Vaccines are covered by Medi-Cal
- The annual flu vaccine is your best protection against the flu
- Vaccines save time and money by preventing costly treatment for diseases
- Children without vaccinations can be denied attendance at school or childcare

COVID-19 CORNER

Brighter Beginnings is offering COVID-19 Vaccinations and Testing!

When:

Morning and afternoon

What:

Moderna and Johnson & Johnson COVID-19 Vaccines

Where:

Our Richmond and Antioch Clinics

How:

Just give us a call to schedule!



BRIGHTER BEGINNINGS
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THANK YOU TO OUR SPONSORS

SPONSOR SPOTLIGHT

SINGELSTAD CONSTRUCTION

Singelstad Construction, led by Helena and Peter Singelstad, has supported Brighter Beginnings since 2008. They have helped to organize countless fundraisers including our annual Playing Together fundraiser. They also helped paint our Richmond Family Clinic in 2019. In addition, we are thrilled to have Helena serving as a member of our Board since 2017. We are very grateful for the generosity of our supporters like Singelstad Construction who make our success possible.



JOIN US!

Your generous contribution supports true community health – access to child development and counseling through home, office and virtual visits, preventive and primary care for thousands of residents and advocacy for equitable, quality health care for each and every one of us.

Donate online:

[www.brighter-beginnings.org/
get-involved/donate/](http://www.brighter-beginnings.org/get-involved/donate/)

Donate by mail:

Brighter Beginnings
2727 Macdonald Ave,
Richmond CA 94804
Attention: Fundraising

CONNECT WITH US



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Brighter Beginnings - Lone Tree
Brighter Beginnings - Richmond